



JANUARY | 2019

Crockett County Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
7 <u>Breakfast</u> Mini French Toast <u>Lunch</u> Chicken Nuggets w/ Roll Pizza Munchable Mashed Potatoes English Peas	8 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Sausage, Eggs, Biscuit & Gravy Chicken & Waffles Star Potatoes Veggie Cup	9 <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Vegetable Beef Soup w/ Cheese Toast Yogurt/Muffin/String Cheese Corn on the Cob Romaine Salad + Tomato	10 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Cheeseburger Hot Dog Baked Beans Coleslaw Tater Tots	11 <u>Breakfast</u> Mini Chocolate Donuts <u>Lunch</u> Pepperoni Pizza Corn dog Carrots w/ Dip Waffle Fries
14 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Chicken Tenders w/ Roll Club Sandwich Broccoli & Cheese Baked Potato	15 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Mini Corn Dogs Mexican Pizza Baked Beans Sweet Potato Fries	16 <u>Breakfast</u> Chocolate Muffin <u>Lunch</u> Frito Chili Pie Mozzarella Cheese sticks w/ Marinara Corn on the cob Tossed Salad + Tomato	17 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Turkey & Gravy w/ Roll Baked Ham w/ Roll Green Beans Cheesy Potatoes	18 <u>Breakfast</u> Sausage/Pancake on a Stick <u>Lunch</u> Stuffed Crust Pizza Corn dog Curly Fries Veggie Cup w/ Dip
21 No School M.L. King Jr. Holiday 	22 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Popcorn Chicken w/ Roll Yogurt/Muffin/String Cheese Glazed Carrots Potato Wedges	23 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Taco Soup w/ Tortilla Chips Cheese Quesadilla Tossed Salad + Tomato Smiley Fries	24 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Bosco Sticks (2) Corn dog Broccoli w/ Dip French Fries	25 <u>Breakfast</u> Mini Powdered Donuts <u>Lunch</u> Beef & Cheese Nachos Crispito Whole Kernel Corn Pinto Beans
28 <u>Breakfast</u> Cinni Minis <u>Lunch</u> Chicken Sandwich w/ Boom Boom Sauce Yogurt/Muffin/ String Cheese Veggie Cup w/ Dip Sweet Potato Fries	29 <u>Breakfast</u> Sausage & Biscuit <u>Lunch</u> Cheeseburger Hot Dog Baked Beans Coleslaw Tater Tots	30 <u>Breakfast</u> Mini Pancake Wraps <u>Lunch</u> BBQ Chicken w/ Roll Bologna & Cheese Sandwich Green Beans Mashed Potatoes	31 <u>Breakfast</u> Chicken & Biscuit <u>Lunch</u> Chili w/ Cheese Toast or Crackers Hot Ham & Cheese Sandwich Corn on the Cob Tossed Salad + Tomato	1

News

**Breakfast is served at no charge to all Crockett County Middle School Students.

Lunch Prices:
Student Meal: \$2.85
Employees: \$3.75
Visitors: \$4.00

**Fruit Choices are offered daily at breakfast and lunch.

***Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information contact:
Whitney Thornton, RD
Director of School Nutrition
102 N. Cavalier Dr.
Alamo, TN 38001
731-696-2116

whitney.thornton@crockettschools.net

This institution is an equal opportunity provider.