



OCTOBER | 2018

Friendship Elementary Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| 1 <u>Breakfast</u> Mini French Toast <u>Lunch</u> Chicken Nuggets Chef Salad Mashed Potatoes English Peas WG Roll | 2 <u>Breakfast</u> Yogurt + Cinnamon Toast Crisps <u>Lunch</u> Orange Chicken w/ Rice Yogurt/Muffin/String Cheese Oriental Veggies Asian Slaw | 3 <u>Breakfast</u> Sausage Pancake on a Stick <u>Lunch</u> Beef & Cheese Nachos Cheese Quesadilla Whole Kernel Corn Refried Beans Salsa | 4 <u>Breakfast</u> Funnel Cake Waffle <u>Lunch</u> Mini Corn Dogs Hot Ham & Cheese Romaine Salad + Tomato Green Beans | 5 <u>Breakfast</u> Mini Chocolate Donuts ½ Day LUNCH WILL NOT BE SERVED |
| 8 NO SCHOOL Fall Break | 9 NO SCHOOL Fall Break | 10 NO SCHOOL Fall Break | 11 NO SCHOOL Fall Break | 12 NO SCHOOL Fall Break |
| 15 <u>Breakfast</u> Chocolate Crescent <u>Lunch</u> Popcorn Chicken Pizza Munchable Baked Potato Tossed Salad w/ Tomato WG Roll | 16 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> BBQ Sandwich Cheeseburger + Trimmings Baked Beans Coleslaw | 17 <u>Breakfast</u> Ham & Cheese Croissant <u>Lunch</u> Sausage & Biscuit Chicken & Waffles Star Potatoes Veggie Cup | 18 <u>Breakfast</u> Donut Holes <u>Lunch</u> Spaghetti w/ Breadstick Very Veggie Salad Green Beans Glazed Carrots | 19 <u>Breakfast</u> Eggs & Biscuit <u>Lunch</u> Cheese Bosco Stick w/ Marinara Corn dog Broccoli w/ Dip Waffle Fries |
| 22 <u>Breakfast</u> Cinni Minis <u>Lunch</u> Chicken Tenders Turkey & Cheese Sub Mashed Potatoes Glazed Carrots WG Roll | 23 <u>Breakfast</u> Mini Waffles <u>Lunch</u> Cheese Bosco Stick Mini Corn Dogs Broccoli & Cheese Veggie Cup | 24 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Frito Chili Pie Mozzarella Cheesesticks w/ Marinara Green Beans Potato Wedges | 25 <u>Breakfast</u> Mini Powdered Donuts <u>Lunch</u> <u>Lunch</u> Cheeseburger + Trimmings Hot Dog French Fries Baked Beans | 26 <u>Breakfast</u> Belgian Waffle <u>Lunch</u> Pepperoni Pizza Ham & Cheese Sandwich on Pretzel Bun Tossed Salad w/ Tomato Corn on the Cob |
| 29 <u>Breakfast</u> Muffin <u>Lunch</u> Boom Boom Chicken Sandwich Club Sandwich French Fries Veggie Cup | 30 <u>Breakfast</u> PBJ Graham <u>Lunch</u> Chicken Tacos Mexican Pizza Lettuce/Tomato/Salsa Pinto Beans | 31 <u>Breakfast</u> Mini Pancake Wraps <u>Lunch</u> Vegetable Beef Soup w/ Cheese Toast Hot Dog Green Beans Oven Baked Okra | | |

News

October 8-12: Fall Break

Grab & Go Options will be offered weekly as follows and will include a fruit or vegetable, baked chips/goldfish & variety of milks:

Monday-Turkey & Cheese Sub Sandwich

Tuesday- Ham & Cheese Wrap

Wednesday- PB & J Sandwich

Thursday- Bologna & Cheese Sandwich

Friday- Deli Sandwich

**Fruit Choices are offered daily at breakfast and lunch.

***Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information contact:

Whitney Thornton, RD

Director of School Nutrition

102 N. Cavalier Dr.

Alamo, TN 38001

731-696-2116

whitney.thornton@crockettschools.net

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