



# OCTOBER | 2018

## Crockett County Middle School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <u>Breakfast</u> Mini French Toast  <u>Lunch</u> Chicken Nuggets Turkey BLT Wrap Mashed Potatoes English Peas WG Roll	<b>2</b> <u>Breakfast</u> Sausage & Biscuit  <u>Lunch</u> Orange Chicken w/ Rice Yogurt/Muffin/String Cheese Smiley Fries Oriental Veggies Asian Slaw	<b>3</b> <u>Breakfast</u> Sausage Pancake on a Stick  <u>Lunch</u> Mini Corn Dogs Boneless Wings w/ Roll Romaine Salad + Tomato Green Beans	<b>4</b> <u>Breakfast</u> Chicken & Biscuit  <u>Lunch</u> Beef & Cheese Nachos Cheese Quesadilla Whole Kernel Corn Refried Beans Salsa	<b>5</b> <u>Breakfast</u> Mini Chocolate Donuts  ½ Day LUNCH WILL NOT BE SERVED
<b>8</b> NO SCHOOL Fall Break	<b>9</b> NO SCHOOL Fall Break	<b>10</b> NO SCHOOL Fall Break	<b>11</b> NO SCHOOL Fall Break	<b>12</b> NO SCHOOL Fall Break
<b>15</b> <u>Breakfast</u> Mini Pancakes  <u>Lunch</u> Popcorn Chicken Pizza Munchable Baked Potato Tossed Salad w/ Tomato WG Roll	<b>16</b> <u>Breakfast</u> Sausage & Biscuit  <u>Lunch</u> BBQ Nachos Cheeseburger + Trimmings Baked Beans Coleslaw	<b>17</b> <u>Breakfast</u> Chocolate Muffin  <u>Lunch</u> Spaghetti w/ Breadstick Grilled Chicken Sandwich Green Beans Glazed Carrots	<b>18</b> <u>Breakfast</u> Chicken & Biscuit  <u>Lunch</u> Sausage & Biscuit Chicken & Waffles Star Potatoes Veggie Cup	<b>19</b> <u>Breakfast</u> Eggs & Biscuit  <u>Lunch</u> Cheese Bosco Stick (2) w/ Marinara Corndog Broccoli w/ Dip Waffle Fries
<b>22</b> <u>Breakfast</u> Cinni Minis  <u>Lunch</u> Chicken Tenders w/ WG Roll Turkey & Cheese Sub Mashed Potatoes Glazed Carrots	<b>23</b> <u>Breakfast</u> Mini Waffles  <u>Lunch</u> Cheese Bosco Stick (2) Mini Corn Dogs Broccoli & Cheese Veggie Cup	<b>24</b> <u>Breakfast</u> Breakfast Pizza  <u>Lunch</u> Frito Chili Pie Mozzarella Cheesesticks (6) w/ Marinara Green Beans Potato Wedges	<b>25</b> <u>Breakfast</u> Mini Powdered Donuts  <u>Lunch</u> Cheeseburger + Trimmings Hot Dog French Fries Baked Beans	<b>26</b> <u>Breakfast</u> Belgian Waffle  <u>Lunch</u> Pepperoni Pizza Ham & Cheese Sandwich on Pretzel Bun Tossed Salad w/ Tomato Corn on the Cob
<b>29</b> <u>Breakfast</u> Muffin  <u>Lunch</u> Boom Boom Chicken Sandwich Club Sandwich French Fries Veggie Cup	<b>30</b> <u>Breakfast</u> Sausage & Biscuit  <u>Lunch</u> Beef Tacos Mexican Pizza Lettuce/Tomato/Salsa Pinto Beans	<b>31</b> <u>Breakfast</u> Mini Pancake Wraps  <u>Lunch</u> Pollo Loco Chicken Burrito Whole Kernel Corn Romaine Salad w/ Tomato Mexican Rice		

### News

October 8-12: Fall Break

PLEASE REMEMBER TO TURN  
IN FREE & REDUCED MEAL  
APPLICATIONS OR FILL OUT  
ONLINE AT  
[WWW.SCHOOLCAFE.COM](http://WWW.SCHOOLCAFE.COM)

\*\*Breakfast is served at no charge to all Crockett County Middle School Students.

\*Fresh Salads & Grab and Go options are available daily as an alternative lunch choice.

Lunch Prices:  
 Student Meal: \$2.85  
 Employees: \$3.75  
 Visitors: \$4.00

\*\*Fruit Choices are offered daily at breakfast and lunch.

\*\*\*Milk Choices offered daily with breakfast and lunch include: Fat Free Strawberry, Fat Free Chocolate or 1% White Milk.

For more information contact:  
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 Director of School Nutrition  
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This institution is an equal opportunity provider.